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The First Day of the Rest of My Life

By Cathy Lamb

Allison & Busby. Paperback. Book Condition: new. BRAND NEW, The First Day of the Rest of My Life, Cathy Lamb, Madeline O'Shea tells people what to do with their lives. A renowned life coach, she inspires thousands of women through her thriving practice - exuding enviable confidence along with her stylish suits and sleek hair. But her confidence, just like her fashionable demeanor, is all a front. For decades, Madeline has lived in fear of her traumatic past becoming public. Now a reporter is reinvestigating the notorious crime that put Madeline's mother behind bars, threatening to destroy her elaborate facade. Only Madeline's sister, Annie, and their frail grandparents know about her childhood - but lately Madeline has reason to wonder if her grandparents also have a history they've been keeping from her. The First Day of the Rest of My Life is an eloquent and triumphant tale of a fierce act of love, a family's legacy, and one woman's awakening to her own power - with no secrets .



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