



A Collection of My Thoughts (Paperback)

By Anna Ballard

Chipmunkpublishing, United Kingdom, 2006. Paperback. Book Condition: New. 202 x 124 mm. Language: English . Brand New Book ***** Print on Demand *****.by Anna Ballard ISBN: 978 1 84747 008 9 ISBN 13: Published: 2006 Pages: 226 DescriptionThis insightful book takes you on a journey through the feelings of mental health sufferers and the road to recovery. She provides an emotive understanding of depression and seeks to eliminate the stigma related to it. About the Author Anna Ballard has compiled a wide range of creative poems to give you insight into her depression. She suffered severely for at least ten years and some improvement in her condition, set off a creative spark in her. Book Extract I was born and brought up in the Vale of Evesham, in the heart of England. As the youngest of four children (I have three older brothers) I was some what spoiled particularly by my father. However, as the youngest I spent my childhood striving to keep up with my siblings and this nurtured a very competitive spirit within me. In consequence at school this spirit drove me forward and I became a high achiever gaining straight A grades at both O and A...



READ ONLINE

[8.26 MB]

Reviews

This ebook can be worthy of a read, and much better than other. I have read and i am certain that i am going to planning to go through again once again in the future. You may like just how the writer compose this book.

-- **Mr. Grant Stanton PhD**

A whole new eBook with an all new standpoint. It is actually rally fascinating throgh reading through time period. You wont truly feel monotony at anytime of your own time (that's what catalogues are for relating to when you request me).

-- **Claire Bartell**