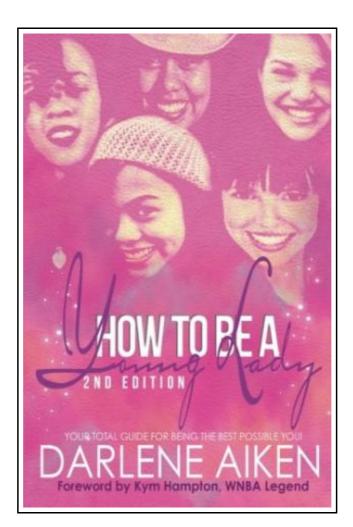
# How to Be a Young Lady: Your Total Guide for Being the Best Possible You! (Paperback)



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### HOW TO BE A YOUNG LADY: YOUR TOTAL GUIDE FOR BEING THE BEST POSSIBLE YOU! (PAPERBACK)

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Inner Beauty Solutions, United States, 2013. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. How to be a Young Lady: Your Total Guide for Being the Best Possible You! is the only book for girls, tweens, teens, and young ladies that, not only addresses self-esteem with an inside-out approach, but also strongly encourages girls, tweens, teens, and young ladies to become active participants within their own lives. Most beautiful life form endures an initial process of ruggedness. While, that is a stage that passes, if not nurtured and appreciated, when the next stage emerges, foundational preparation is non-existent, which may cause lasting turbulence. If these females are not reared in homes that promote healthy self-esteem, as the female advances within the school setting, she will fall victim to social ills that she will find to be devouring. As a result, she may join a gang, get bullied or become a bully, enter into unhealthy relationships, become a menace to her teachers and parents, indulge in illegal drug use, and this is just the tip of the iceberg. Not only is this book a great tool to assist with the building and maintenance of a healthy selfesteem, but it will teach females of all ages how to develop a solid confidence that will carry her throughout her lifetime. Darlene Aiken wrote this book from the heart of a girl who was bullied and who became a bully. As a result of having experienced both sides, the one common denominator was low self-esteem. Once she began to build her confidence and experience the difference, she never felt the need to either allow anyone to bully her, nor did she see the purpose in being bullied. However, she feels it is incumbent upon...

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